



Haywood NorAm including the Teck Sprint Series



RACE NOTICE

Date

Friday, 12 December - Sunday, 14 December 2008

Location

Whistler Olympic Park, Callaghan Valley, British Columbia

Hosted by

Callaghan Valley Cross-Country Ski Club

Sanctioned by

Cross Country Canada (CCC) & the International Ski Federation (FIS)

Rules

CCC Rules and Regulations, FIS International Ski Competition Rules, IPC International Ski Competition Rules



Competition Organization

Technical Delegate:	Blair Dunbar	(403) 678-8551
Assistant Technical Delegate:	Claude Chabot	(867) 333-0171
Chief of Competition:	Rob Bernhardt	(778) 328-1208
Assistant Chief of Competition:	Jim McCarthy	(613) 232-7688
Chief of Course:	Mike Edwards	(778) 228-8169
Chief of Competition Control:	Ian Sibbald	(250) 362-2130
Chief of Timing:	Denis Brown	(250) 494-4465
Chief of Stadium:	Mark Blayney	(250) 847-1365
Competition Secretary:	Nancy Flood	(250) 372-2425

Registration: Deadline & Entry Fees

All registration will take place online, using Zone4 (www.zone4.ca). The entry fee will be \$35 for each race, payable by Visa or MasterCard via Zone4 when registering. **Check the Zone4 confirmation list** for this event (available from the online registration section of Zone4) to be sure you have registered correctly. Deadline for entries to all races is **Monday, December 8, 2008 at 19:00 P.S.T.** Late entries will be accepted only at the discretion of the jury and will incur a \$50.00 late fee.

Eligibility and Licenses

Eligibility requirements are described in detail in Section 6.2 of the Technical Package for NorAm Canada Cup Series, dated September 2008, refer to: <http://www.cccski.com/dbfiles/777.pdf>. All competitors must have a valid racing license issued by CCC, FIS, or the national ski licensing body of another country. (Regional licenses are not acceptable.) Skiers lacking national or international licenses will be required to purchase a Supporting Member Day License (SMDL) upon registration. If a skier is licensed by FIS, this number must be provided on the entry form, as well as the number of his or her national licence. Only skiers with FIS licenses are eligible to receive cash prizes. Note that this Noram includes only two age categories: Open Men & Women and Junior Men & Women (Junior being those whose 20th birthday is on or after January 1, 2009).

Seeding

Seeding will be in accordance with specifications stated in the technical package for NorAm Canada Cup Series, dated September 2008, refer to: <http://www.cccski.com/dbfiles/777.pdf>.

Senior and Junior Men and Senior and Junior Women will be combined for seeding purposes and run as Open Men and Open Women classes. The current CPL for both distance and sprint competitions will be used; CCC or FIS licensed skiers will receive preferred seeding (all other entries will be seeded lower). If a FIS licensed skier does not appear on the CPL the Jury will assign CPL points to foreign, FIS-licensed skiers by comparing them to Canadian skiers with similar FIS points. Foreign skiers without FIS points will be seeded by discretion of the jury. The open classes will be separated into junior and senior categories for reporting of results. Awards will be available for the top three men and top three women in the open class; and the top three junior men and women. Cash prizes are available for the top six individuals in each gender in the Open category, limited to skiers holding FIS licences. Junior skiers who place in the top six in the distance events, or who race up in the sprint heats, are also entitled to prize money if they place among the top six in their gender.

INTERVAL START RACE-FRIDAY, DECEMBER 12: Skiers in all categories will be seeded according to their CPL points, with the lowest points starting first. Skiers without CPL points will be grouped together, drawn and started after the skiers with points.

SPRINT RACES-SATURDAY, DECEMBER 13: Sprint competitions will consist of a qualification round of all skiers in each class. Senior and junior men and senior and junior women will be combined for the qualification round and started in order of CPL. Those athletes without CPL or FIS points will start after the last athlete with points, with their start order determined by draw.

For the quarterfinal heats, juniors who qualify for the heats have the option of racing in the senior class or the junior class. Unless the Competition Secretary receives notice of an athlete's intent at

the TCM prior to the competition, **all qualifying juniors will be entered into the junior quarterfinal heats.**

In the case of a tie for 16th or 30th place in the sprint qualification, 16th or 30th place will go to the skier with the higher Sprint CPL points. If this fails to break the tie, the two skiers will be placed in the same heat – preferably Heat 2.

MASS START PURSUIT RACE-SUNDAY, DECEMBER 14: In both the Open Men and Open Women classes, seeding and bib assignment will be based on the distance CPL, the best skier getting position one in the start grid. Those without CPL distance points will be drawn as a group and placed behind the last CPL-listed skier. Starting positions will be placed on a chevron grid as per Appendix of the CCC Officials Manual, refer to:

http://www.cccski.com/downloads/Competition_Officials_Manual_v3.2.pdf

Team Captains' Meetings

The first Team Captain's meeting will be held at 15:00 on Thursday 11 December. Subsequent meetings will be held at 16:00 the night before each race. All meetings will be held in the Open Space in the Cross Country competition centre, Whistler Olympic Park.

Start Lists and Bib Pick-up

The list of athletes, along with their seeding, will be posted on www.zone4.ca and confirmed at the beginning of the first Team Captain's meeting on Thursday 11 December. The draw will then be done and start lists provided by the end of this meeting. The same process will occur for each subsequent day of racing at the TCM the night before.

Bibs for the Friday and Sunday races can be picked up from the Race Office starting at 08:00 in the morning; on Saturday, bib pick up will begin at 07:30. **BIBS MUST BE PICKED UP by 09:00 on Friday and SUNDAY and by 08:30 on SATURDAY.**

Race Courses

Maps of the race courses are available at www.squamishnordic.ca/noram

Waxing Facilities

Electrical outlets for waxing will be available in and around the technical building. In addition, wax cabins are expected to be available at the ski jumping compound. No wax testing or warm up is allowed on the course during the competition. A warm-up and wax testing area is located near the stadium.

Trail Passes

There will be no trail fees charged to competitors, coaches, and other team support personnel, as well as registered volunteers, during the period Thursday 11 December through Sunday, 14 December. However, a trail pass, which can be obtained from the Race Office, must be worn at all times when skiing; the only exception to this will be competitors during races, when a bib will suffice.

All other persons who wish to ski on the trails outside of these dates and conditions must purchase and display a valid trail pass or have a valid season pass. Regular trail pass rates (incl. GST) are as

follows: Adult (19+) \$20.00; Youth (13-18) \$12.00; Children (6-12) \$10.00. Individuals holding a season pass for Whistler Olympic Park will not receive credit for free skiing days during the event.

Weather

For up-to-date weather information in the Callaghan Valley, visit the Environment Canada website at: http://text.www.weatheroffice.gc.ca/forecast/24_hour_conditions_e.html?vod&unit

Weather information for the venue is also available at:
<http://www.whistlerweather.org/library/callaghan.html>

Accommodation

There are many affordable and comfortable accommodation options in the Sea to Sky Corridor to suit athletes, support staff and visitors. Check out the following websites to select and book your accommodation in the area:

Squamish

www.tourismsquamish.com/lodging-squamish
www.mysquamish.com

Whistler

www.tourismwhistler.com
www.whistlerblackcomb.com
www.whistler.com
www.alluradirect.com
www.ownerdirect.com

Pemberton

www.pemberton.net

Vancouver

www.tourismvancouver.com

Distances to Whistler Olympic Park, Callaghan Valley

Note: the venue is approximately a 10-minute drive up the Callaghan Valley Road, off Highway 99

Whistler = 20 minutes, south on Highway 99

Squamish = 35 minutes, north on Highway 99

Pemberton = 50 minutes, south on Highway 99

Vancouver = 1 hour and 45 minutes, north on Highway 99

CONTACT INFORMATION

Nancy Flood, Competition Secretary

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Nicola Kilfoy, Coordinator, Cross-Country Skiing, VANOC

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EVENT TIMETABLE
Haywood NorAm & Teck Sprints 2008

DATE	TIME (PST)	EVENT	LOCATION
Saturday, 1 November	19:00	Online registration begins	www.zone4.ca
Monday, 8 December	19:00	Deadline for registration	www.zone4.ca
Thursday, 11 December	10:00-13:00	Official Training	WOP competition and non-competition trails
	15:00 – 15:30	Team Captains' meeting	Open space, Cross-Country Competition Centre
Friday, 12 December	08:00 08:00-09:00 10:00 11:00 12:00	Venue and courses open Bib pick up Women's Open Class distance race: 10 km free technique Men's Open Class distance race: 15 km free technique Para Nordic Standing Categories: Men 2 x 5km free technique Women 1 x 5km free technique	Race Office, Technical Building Free technique course Free technique course
	14:00-16:00	Official Training	Sprint Courses
	16:00-16:30	Team Captains meeting	Open space, Cross-Country Competition Centre
Saturday 13 December	07:00 07:00-08:00 09:00 10:00 11:00 12:00 14:00-16:00	Venue & Courses open Bib pick up Sprint Qualification Round, Classic Technique Sit ski distance race: Men 3 x 2.5 km Women 2 x 2.5 km Sprint Heats – Seniors Sprint Heats – Juniors Official training - Pursuit	Race office, Technical Building Sprint Courses Sit ski course Sit ski course Sprint Courses Sprint Courses Pursuit Courses
	16:00-16:30	Team Captains meeting	Open space, Cross-Country Competition Centre
Sunday, 14 December	8:00 08:00-09:00 10:00 11:00 12:00 13:00	Venue & Courses open Bib pick up Women's Pursuit 15 km (3 x 2.5 + 3 x 2.5) Men's Pursuit 22.5 km (3 x 3.75 + 3 x 3.75) Para Nordic standing: Men (3 x 3.75) Women (3 x 2.5) Sit ski race: Men 2 x 2.5 km, Women 2.5 km	Race office, Technical Building Red & blue 2.5 km courses Red & blue 3.75 km courses Red 3.75 km course Red 2.5 km course Sit ski course Sit ski course